

T O N Y M A C A R  N I

Allergen Guide
-May 2024-

Starter Dishes and Their Allergen Content

	 Celery	 Cereals containing Gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame Seeds	 Soya	 Sulphur Dioxide
Minestrone Soup VG V	✓	✓ (Bread)										✓ MCT*		
Insalata Caprese V							✓							
Funghi Fritti V		✓		✓			✓		✓ (Mayo)					
Prosciutto e Bufala Mozzarella							✓							
Arancino Carne	✓	✓		✓			✓							✓
Arancino Mediterraneo		✓		✓			✓							✓
Polpette al Sugo		✓ (Bread)		✓			✓ (Mozzarella)					* ✓ (Bread)	✓	

Due to the nature of the way in which our foods are prepared and cooked there is a risk of cross contamination. Please speak to a member of staff if you have any questions about our dishes.

*
✓ May Contain

VG Suitable for Vegans

V Suitable for Vegetarians

MCT, May Contain Traces

Starter Dishes and Their Allergen Content

	 Celery	 Cereals containing Gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame Seeds	 Soya	 Sulphur Dioxide
Croquettes v		✓					✓		✓ (Spicy Mayo)					
BBQ Ali di Pollo	✓	✓			✓ (BBQ Sauce)				✓ (BBQ Sauce)					✓ (BBQ Sauce)
Mozzarella Fritta v		✓		✓			✓							
Pate della Casa		✓ (Bread)					✓			✓ (MCT)				✓
Baby ribs	✓ (BBQ Sauce)	✓ (BBQ Sauce)			✓ (BBQ Sauce)				✓ (BBQ Sauce)					✓
Pollo Fritto		✓		✓ (Mayo)			✓ (mayo)		✓ (Mayo)					
Calamari Fritti		✓		✓ (Mayo)			✓ (Mayo)	✓	✓ (Mayo)				* ✓ (Semolina)	✓

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Gamberi Croccanti al Sesamo		✓	✓	✓ (Mayo)	✓ (Anchovy)		✓ (Mayo)		✓ (Mayo)	✓ (Walnut)		✓	✓ (Flour)	✓
Gamberoni all'Aspro			✓				✓							✓
Cozze al Pomodoro		✓ (Bread)					✓ (Garlic Bread)	✓					✓ (Bread)	
Cozze al Vino Blanco		✓ (Bread)					✓ (Garlic Bread)	✓					✓ (Bread)	✓
Cocktail di Gamberoni	✓		✓	✓			✓		✓					

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Ali di pollo		✓		✓ (Mayo)			✓ (Mayo)		✓ (Mayo)					
Ali di pollo Piccante		✓												

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Sharing Dishes and Their Allergen Content

	 Celery	 Cereals containing Gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame Seeds	 Soya	 Sulphur Dioxide
Antipasti Caldi	✓	✓		✓	✓ (BBQ Sauce)		✓		✓					✓
Antipasti all'Italiana		✓ (Bread Sticks or Bread)					✓							✓
Frittura Mista di Pesce		✓	✓	✓	✓		✓	✓	✓ (Mayo)			✓	✓	✓
Ali di pollo Mista	✓ (BBQ)	✓		✓ (Mayo)	✓ (BBQ)		✓		✓					✓ (BBQ)

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Focaccia Dishes and Their Allergen Content

	 Celery	 Cereals containing Gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame Seeds	 Soya	 Sulphur Dioxide
Rosmarino VG V		✓											✓ (Flour)	
Aglia Olio VG V		✓											✓ (Flour)	
Marinara VG V	✓	✓											✓ (Flour)	
Pomodoro VG V		✓											✓ (Flour)	
Aglia Olio Mozzarella V		✓					✓						✓ (Flour)	
Bufala e Pesto V		✓		✓			✓			✓			✓ (Flour)	
Formaggi Vo Caprino		✓					✓						✓ (Flour)	✓

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Focaccia Dishes and Their Allergen Content

	 Celery	 Cereals containing Gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame Seeds	 Soya	 Sulphur Dioxide
Piccante	✓	✓											✓ (Flour)	
VG V														
Prosciutto Crudo e Mozzarella		✓					✓						✓ (Flour)	

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Crostino E Bruschetta Dishes and Their Allergen Content

	 Celery	 Cereals containing Gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame Seeds	 Soya	 Sulphur Dioxide
Crostino 4 Cheese Funghi		✓		✓			✓						* ✓ (Bread)	✓
Crostino Salsiccia Funghi		✓		✓			✓						* ✓ (Bread)	✓
Crostino al Pomodoro		✓		✓			✓						* ✓ (Bread)	
Bruschetta Gamberi Broccoli		✓		✓			✓						* ✓ (Bread)	
Bruschetta Gamberi asparagi		✓		✓			✓						* ✓ (Bread)	
Bruschetta Aglio e Burro V		✓					✓						* ✓ (Bread)	
Bruschetta Pomodoro VG V		✓											* ✓ (Bread)	

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	 Celery	 Cereals containing Gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame Seeds	 Soya	 Sulphur Dioxide
Bruschetta Pomodoro e Mozzarella v		✓					✓						* ✓ (Bread)	
Bruschetta Aglio Burro e Mozzarella v		✓					✓						* ✓ (Bread)	
Bruschetta Formaggio Caprino v		✓					✓						* ✓ (Bread)	✓
Bruschetta Pate		✓					✓			✓ (MCT)			* ✓ (Bread)	✓

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Insalate Dishes and Their Allergen Content

	 Celery	 Cereals containing Gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame Seeds	 Soya	 Sulphur Dioxide
Pollo Ceasar		✓ (Croutons)		✓ (Mayo)		✓	✓		✓ (Mayo)					
Gottardo Salad v							✓			✓	✓			✓

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Sides and Their Allergen Content

	 Celery	 Cereals containing Gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame Seeds	 Soya	 Sulphur Dioxide
Mashed Potatoes v							✓							
Sauteed Potatoes v							✓							
Chips VG v														
Sweet Potato Chips VG v														
Sweet and Sour Peppers VG v														✓
Garlic Mushrooms v														✓
Fresh Bread v		✓											✓ MCT	

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	 Celery	 Cereals containing Gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame Seeds	 Soya	 Sulphur Dioxide
Olives VG V														
Buttered Spinach V				✓			✓							
Tomato and Red Onion Salad VG V														
Rocket and Cherry Tomato Salad VG V														
Rocket and Parmesan Salad V														
Mixed Leaf Salad VG V														
Spicy Olives VG V														

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Sides and Their Allergen Content

	 Celery	 Cereals containing Gluten	 Crustacean s	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame Seeds	 Soya	 Sulphur Dioxide
Coleslaw									✓					✓
Spicy Coleslaw									✓					✓
Onion Rings		✓												

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Pasta E Risotto Dishes and Their Allergen Content

	 Celery	 Cereals containing Gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame Seeds	 Soya	 Sulphur Dioxide
Gluten Free Pasta VG V						* ✓							* ✓	
Spaghetti Pomodoro VG V		✓												
Spaghetti Aglio Olio VG V		✓												
Spaghetti Verdure Verde VG V		✓												
Spaghetti Carbonara		✓		✓			✓							
Spaghetti Bolognese	✓	✓		✓ (Parmesan)			✓ (Parmesan)							✓
Spaghetti con Polpette		✓		✓ (Parmesan)			✓ (Parmesan)						✓	✓

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	 Celery	 Cereals containing Gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame Seeds	 Soya	 Sulphur Dioxide
Spaghetti Pollo Piccante		✓												
Spaghetti Nduja		✓												
Penne Arrabbiata		✓												
VG V														
Penne Pollo e Pesto		✓		✓			✓			✓ (Pinenuts)				
Penne Contadina		✓		✓			✓							
Penne Salmone		✓			✓		✓							✓
Rigatoni Amatriciana		✓		✓			✓							

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	 Celery	 Cereals containing Gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame Seeds	 Soya	 Sulphur Dioxide
Rigatoni Tony Macaroni		✓		✓ (Parmesan)			✓ (Parmesan)							✓
Rigatoni Sugo di Carne	✓	✓		✓ (Parmesan)			✓ (Parmesan)							✓
Linguine ai Gamberoni		✓	✓											✓
Linguine allo Scoglio		✓	✓					✓						✓
Rigatoni Cetosina		✓		✓ (Parmesan)			✓ (Parmesan)							✓
Rigatoni Carbonara di Zucchine		✓		✓			✓							
Tony Macaroni Cheese		✓		✓			✓							

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	 Celery	 Cereals containing Gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame Seeds	 Soya	 Sulphur Dioxide
Risotto Mediterraneo				✓			✓							✓
Risotto Funghi				✓			✓							✓
Risotto Salsiccia				✓			✓							✓
Risotto al Pollo				✓			✓							✓
Risotto Portofino			✓	✓			✓							✓
Risotto Pescatora			✓	✓			✓	✓						✓
Risotto Bolognese	✓			✓			✓							✓

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Pizza Dishes and Their Allergen Content

	 Celery	 Cereals containing Gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame Seeds	 Soya	 Sulphur Dioxide
Margherita V	✓	✓					✓						✓	
Trentina?	✓	✓					✓						✓	
Napolentana	✓	✓					✓						✓	
Ventricina?	✓	✓					✓						✓	
TRI Colore	✓	✓			✓		✓						✓	✓
Diavola	✓	✓					✓						✓	✓
Norcina	✓	✓					✓						✓	✓

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Pizza Dishes and Their Allergen Content

	 Celery	 Cereals containing Gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame Seeds	 Soya	 Sulphur Dioxide
Tirolese	✓	✓					✓						✓	✓
Ortolana	✓	✓					✓						✓	✓
^v Pollo	✓	✓					✓						✓	
Pollo Piccante	✓	✓					✓						✓	
Verde	✓	✓					✓						✓	
Hawaii	✓	✓					✓						✓	
Amatriciana	✓	✓		✓ (Parmesan)			✓						✓	✓

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Pizza Dishes and Their Allergen Content

	 Celery	 Cereals containing Gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame Seeds	 Soya	 Sulphur Dioxide
Boscaiola	✓	✓					✓						✓	✓
Tony Macaroni	✓	✓					✓						✓	✓
Nduja	✓	✓					✓						✓	
Capricciosa	✓	✓		✓			✓						✓	✓
Toto	✓	✓					✓						✓	✓

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Pizza Dishes and Their Allergen Content

	 Celery	 Cereals containing Gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame Seeds	 Soya	 Sulphur Dioxide
Parma	✓	✓		✓ (Parmesan)			✓						✓	✓
Caprina	✓	✓					✓						✓	✓
Cotto e Funghi	✓	✓			✓		✓						✓	✓
Tedesca	✓	✓			✓		✓						✓	✓
Americana BBQ	✓ (BBQ Sauce)	✓			✓ (BBQ Sauce)		✓		✓ (BBQ Sauce)				✓	✓
Champion BBQ	✓ (BBQ Sauce)	✓			✓ (BBQ Sauce)		✓		✓ (BBQ Sauce)				✓	✓

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Pizza Dishes and Their Allergen Content

	 Celery	 Cereals containing Gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame Seeds	 Soya	 Sulphur Dioxide
Bacon BBQ	✓ (BBQ Sauce)	✓			✓ (BBQ Sauce)		✓		✓ (BBQ Sauce)				✓	✓
Cipolla BBQ	✓ (BBQ Sauce)	✓			✓ (BBQ Sauce)		✓		✓ (BBQ Sauce)				✓	✓
Fuoko	✓	✓					✓						✓	✓
Patatosa	✓	✓		✓			✓			✓			✓	✓
Chorizo	✓	✓					✓						✓	✓

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Pesce Dishes and Their Allergen Content

	 Celery	 Cereals containing Gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame Seeds	 Soya	 Sulphur Dioxide
King Prawn vodka			✓				✓							✓
King Prawn/lemon			✓				✓						✓	✓
Sea Bass, clams, mussels, prawns		✓ (Bread)	✓		✓			✓					✓ (Bread)	✓
Sea Bass Asparagus					✓		✓							✓
Spigola Arlecchino					✓									✓
Nasello Rosso					✓		✓							✓
Salmon leek					✓		✓							
Salmon spinach					✓		✓							

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Carne Dishes and Their Allergen Content

	 Celery	 Cereals containing Gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame Seeds	 Soya	 Sulphur Dioxide
Filetto ai Tre Pepi							✓							✓
Filetto ai Funghi							✓							✓
Filetto Diana		✓ (Mustard)					✓		✓					✓
Grigliata Mista di Carne														✓
Cosce di Pollo														
Pollo alla Mareseccallo	✓ (MCT)	✓		✓			✓		✓ (MCT)				✓ (MCT)	✓ (Mushroom)
Pollo alla Milanese	✓ (MCT)	✓		✓			✓ (MCT)		✓ (MCT)				✓ (MCT)	

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Pollo ai Funghi							✓							✓
Pollo Tre Pepi							✓							✓
Lombata di Maiale ai Funghi							✓							✓
Lombata Presto							✓		✓					
Cosce di Pollo Verde							✓							

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Sauces and Their Allergen Content

	 Celery	 Cereals containing Gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame Seeds	 Soya	 Sulphur Dioxide
Tre Pepi sauce v							✓							✓
Funghi Sauce v							✓							✓
Diana Sauce v		✓ (Mustard)					✓		✓					✓
Inferno														
BBQ		✓ (Mustard)			✓		✓		✓					✓
Garlic Mayo v				✓			✓		✓					

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Burger Dishes and Their Allergen Content

	 Celery	 Cereals containing Gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame Seeds	 Soya	 Sulphur Dioxide
Classic		✓ (Buns)		✓ (Buns)			✓ (Buns)					✓ (Buns)	* ✓ (Buns)	✓
Cheese		✓ (Buns)		✓ (Buns)			✓					✓ (Buns)	* ✓ (Buns)	✓
Carbonara		✓ (Buns)		✓ (Buns)			✓					✓ (Buns)	* ✓ (Buns)	✓
Tony Macaroni		✓ (Buns)		✓ (Buns)			✓					✓ (Buns)	* ✓ (Buns)	✓
Siciliano		✓ (Buns)		✓ (Buns)			✓					✓ (Buns)	* ✓ (Buns)	✓
Caprino		✓ (Buns)		✓ (Buns)			✓					✓ (Buns)	* ✓ (Buns)	✓



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Burger Dishes and Their Allergen Content

	 Celery	 Cereals containing Gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame Seeds	 Soya	 Sulphur Dioxide
Pollo Burger		✓		✓			✓		✓ (MCT)	✓ (MCT)		✓ (buns)	✓ (MCT)	
Spicy Pollo		✓ (Buns)		✓ (Buns)			✓			✓ (MCT)		✓ (Buns)	✓	✓
Veggie Bean Burger		✓		✓			✓					✓	✓	✓ (Peppers)
Mac Daddy Burger		✓		✓			✓					✓	✓	
BBQ Burger	✓	✓		✓	✓		✓		✓			✓	✓	✓

Due to the nature of the way in which our foods are prepared and cooked there is a risk of cross contamination. Please speak to a member of staff if you have any questions about our dishes.

* ✓ May Contain

VG Suitable for Vegans

V Suitable for Vegetarians

MCT, May Contain Traces

Children's Menu Dishes and Their Allergen Content

	 Celery	 Cereals containing Gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame Seeds	 Soya	 Sulphur Dioxide
Macaroni Pomodoro VG V		✓												
Macaroni Bolognese	✓	✓		✓			✓							✓
Macaroni Cheese		✓		✓			✓							
Pizza Margherita V	✓	✓					✓						✓	
Breaded Chicken Breast	✓	✓		✓										
Nardini's Ice Cream							✓						✓	
Fresh Fruit Salad														

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Sandwiches Menu Dishes and Their Allergen Content

	 Celery	 Cereals containing Gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame Seeds	 Soya	 Sulphur Dioxide
Focaccia Bread (in all dishes below)		* ✓		* ✓			* ✓							
B.L.T.		✓											✓	
Mixed Vegetables and Pesto v		✓		✓			✓			✓			✓	✓
Pollo Cajun	✓	✓		✓			✓			✓		✓	✓	✓

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Sandwiches Menu Dishes and Their Allergen Content

v

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Desserts Menu Dishes and Their Allergen Content

	 Celery	 Cereals containing Gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame Seeds	 Soya	 Sulphur Dioxide
Sticky Toffee Pudding		✓		✓			✓			✓				
Chocolate Brownie		✓		✓			✓			✓			✓	
Tuttamela		✓		✓			✓			✓				
Vanilla Ice Cream							✓							
Chocolate Ice Cream							✓						✓	
Strawberry Ice Cream							✓						✓	
Toffee Fudge Ice Cream							✓						✓	

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Desserts Menu Dishes and Their Allergen Content

	 Celery	 Cereals containing Gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame Seeds	 Soya	 Sulphur Dioxide
Fresh Fruit Salad														
Lemon Sorbet														
Wafer		✓		✓			✓			✓			✓	
Chiacchiere		✓		* ✓ (Sauce)			✓			✓			✓	
Cheesecake		✓		✓	✓		✓			✓			✓	
Tiramisu		✓		✓			✓			✓				
													✓	

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Desserts Menu Dishes and Their Allergen Content

	 Celery	 Cereals containing Gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame Seeds	 Soya	 Sulphur Dioxide
Toffee Tablet		✓		✓			✓			✓			✓	
Chunky Toffee Fudge		✓		✓			✓			✓			✓	
Raspberry Snowball Delight		✓		✓			✓			✓			✓	✓
Choc Honeycomb Vesuvius		✓		✓			✓			✓			✓	
Cheesecake		✓		✓			✓			✓			✓	
Banana Split		✓		✓			✓			✓			✓	
Tony Macaroni Knickerbocker Glory		✓		✓			✓			✓			✓	

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Desserts Menu Dishes and Their Allergen Content

	 Celery	 Cereals containing Gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame Seeds	 Soya	 Sulphur Dioxide
Junior Knickerbocker Glory		✓		✓			✓			✓			✓	
Extravaganza		✓		✓			✓			✓			✓	✓
Bella Banoffee		✓		✓			✓			✓			✓	
Tutti Frutti		✓		✓			✓			✓			✓	
White Choc & Raspberry Dream		✓		✓			✓			✓			✓	
Hot Chocolate Fudge Sundae		✓		✓			✓			✓			✓	
Hot Chocolate Fudge Brownies Sundae		✓		✓			✓			✓			✓	

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